

Health Education I 2016-2017

Lindsey Hazelwood – Room 1037 - (801)481-4810

Lindsey.Hazelwood@slcschools.org

Course Description

- This course is designed to enable and encourage students to acquire the information and skills necessary to make informed decision concerning their own personal health. Students are encouraged to examine lifestyles and habits that impact not only their health but also the health of their community.

Course Goals and Objectives

- *Utah has developed a Core Curriculum which outlines specific standards for student learning. The state Core can be accessed on the Utah State Office of Education's website*
- Develop skills that are vital in making informed decisions concerning health.
- Recognize the value and necessity of desirable health practices and knowledge.
- Acquire health knowledge necessary to understand, interpret and question information from media sources.
- Learn and discuss the biological, social and moral aspects of sex education. Human sexuality is required according to the Core Curriculum and will include topics of a sensitive nature. Please refer to the USOE consent form for more information.

Course Materials

- Mary H Bronson, Teen Health: Bothell, WA, McGraw-Hill Education, 2014
- We will be using the internet for various assignments. Students must make sure the AUP agreement has been turned in to the library before they will be allowed on the internet. (or at registration)

Format and Procedures

- Assignments - in class and homework – This includes daily writing assignments, bookwork, etc.
- Projects - there will be unit projects throughout the semester and an end of semester **project final**.
- Tests – one with each unit.
- Participation Points- based on classroom **conduct, participation** and **attendance**. Points are awarded on a daily basis. – Work resulting from absences and tardiness should be made up promptly and are the student's responsibility.

Course Requirements

1. Students are expected to follow all directions when they are given.
2. Students are expected to be in their seats with all supplies **BEFORE** the bell rings. Students not in their assigned seat will be considered tardy.
3. Students need to be prepared for class. Items such as paper and writing utensils are required at all times. **No work will be accepted during the last week of the term or on assignments where written notice is given.**
4. Harassment whether sexual or any other type is unacceptable at all times and in all circumstances.
5. Obscene language is not appropriate in an academic setting.
7. **Cheating of any kind will not be tolerated to any degree.** This includes copying others when individual work has been designated, plagiarism (this includes the Internet), or any other attempt to cheat in some way. Cheating will result in an **F** for that assignment for all parties involved and the student/s will inform the parent or guardian immediately. If the behavior happens a second time, the administration will be notified and involved in determining the course of action. The third offence will result in removal from this class.

Grading Procedures

- Grading is done a percentage scale.
A =95-100% B =83-86% C =73-76% D =63-66%
A- =90-94% B- =80-82% C- =70-72% D- =58-62%
B+ =87-89% C+ =77-79% D+ =67-69% F =0-58%
- Please be aware this will be an active class. Absences are often difficult, if not impossible for a student to make up due to the nature of this class. Many lessons include hands on experience and require student participation. Guest speakers, videos and activities which require special equipment will not be available for make-up. An excused absence does not excuse work that is missed.
- Extra credit is available and is posted on a bulletin board. Points earned through extra credit will be added to the participation points given at midterm and final grading. These assignments are available as an option to recover a portion of points missed that are unavailable to be made up.
- Progress will be reported at midterm, final grades and parent teacher conference. PowerSchool is updated on a weekly basis.

Tentative Course Schedule

The tentative order of units will be as follows.

TERM 1 – General Health – including risk factors, personality etc.

 Nutrition and Fitness

 Mental Health/Stress Management

TERM 2 – Drugs, Alcohol, Tobacco

 Human Sexuality – including sexually transmitted diseases

 First Aid – including CPR

- Please contact me as soon as possible if the student will be gone for an extended period of time for emergencies and the like so that we may make arrangements which are conducive to the student and the teacher.

Website and other information

My website is www.hazelwoodhealth.weebly.com

I am trying a teacher Instagram account this year. Here I would like to post projects of what we are doing in class and student work. I will give more information as I get more concrete information and an account set up.

Disclosure Agreement

Please complete this form and return to Mrs. Hazelwood. KEEP the other page for your records. Thank you.

Student's Name

Period

I have read the policies that Mrs. Hazelwood has set forth for her classroom and I understand that I am expected to adhere to them.

Student Signature: _____

Parent or Guardian name, printed: _____

Parent or Guardian Signature: _____ Date: _____

Home Phone Number: _____

Parent Work Phone Number: _____

Parent E-mail Address: _____

Any additional comments or concerns:

DUE DATE _____

Utah State Office of Education (Board Approved 2008)
Parent/Guardian Consent Form
Human Sexuality Instruction

Name of Student: _____ Class Period: _____

Parents must receive this form no later than two weeks prior to the beginning of instruction.

Course: HEALTH Teacher(s): LINDSEY HAZELWOOD

School: CLAYTON JUNIOR HIGH Telephone Number: (801) 481-4810

Dear Parent/Guardian:

As part of your child's education, he/she has enrolled in a course that includes instruction on topics related to human sexuality. You are receiving this consent form because instruction and/or discussion of human sexuality topics are controlled by state law and/or Utah State Board of Education rule. Please read the form carefully, select **one option**, sign, and return to the teacher identified above. Your student will not be allowed to participate in class activities without this completed and signed form on file. Thank you.

INFORMATION

All instruction related to human sexuality and/or sexual activity will take place within the context of Utah State Law (53A-13-101) and Utah State Board of Education rule (R277-474) as follows:

- « The public schools will teach sexual abstinence before marriage and fidelity after marriage.
- « There will be prior parental consent before teaching any aspect of contraception and/or condoms.
- « Students will learn about communicable diseases, including those transmitted sexually, and HIV/AIDS.

Program materials and guest speakers supporting instruction on these topics have been reviewed and approved by the local district review committee.

The following are NOT approved by the State Board of Education for instruction and may not be taught:

- « The intricacies of intercourse, sexual stimulation or erotic behavior;
- « The advocacy of homosexuality;
- « The advocacy or encouragement of the use of contraceptive methods or devices;
- « The advocacy of sexual activity outside of marriage.

In accordance with Utah State Board of Education Rule R277-474-6-D, teachers may respond to spontaneous student questions for the purposes of providing accurate data or correcting inaccurate or misleading information or comments made by students in class regarding human sexuality.

Please choose *one* option for instruction listed on the **RIGHT** side of this page.

DISCLOSURE:

The curriculum for this course includes instructions and/or discussions about the topics checked in this box:

****Teacher Use Only****

- | | |
|-----------------------------------|---|
| X reproductive anatomy and health | Contraception, including condoms* |
| X human reproduction | X HIV and AIDS (including modes of transmission) |
| X information on self-exams | X sexually transmitted diseases |
| X date rape | (terms of a sensitive/explicit nature may be defined) |

*Factual, unbiased information about contraception and condoms may be presented as part of this course (only if the box above is checked). Demonstrations on how to use condoms or any contraceptive means, methods, or devices are **prohibited** and are **NOT** authorized.

Name of Student: _____ Class period: _____

OPTIONS: Please read and check only one of the following:

Option 1

_____ I GRANT permission for my child to participate in the scheduled activities/discussions as described above.

Option 2

_____ I GRANT permission for my child to participate in the scheduled activities/discussions as described above, *with the exception of* _____. I understand that my child will receive an alternative assignment of equal value and will not attend the regularly scheduled class on the day of this instruction.

My child will be provided a safe, supervised place within the school during the class period(s). It will be his/her responsibility to report to the pre-arranged location, check in with the teacher or supervisor, and submit the completed assignment to the appropriate person.

Option 3

_____ Prior to making a decision, I will contact you at the school within the next two weeks to arrange a time to discuss the planned curriculum and/or review the materials.

Option 4

_____ I DENY permission for my child to participate in any of the scheduled activities/discussions as checked in the above box.

I understand that while my child is not involved in the exempted portion of the curriculum, he/she will be provided a safe, supervised place within the school during the class periods and will receive an alternative assignment related to other elements of the course. I shall take responsibility, in cooperation with the teacher and the school, for the student learning the required course material identified on this form (State Board of Education Rule 277-474-5-D).

This consent form may be sent to parents within 2 weeks after the beginning of the course, but not less than 2 weeks prior to instruction of the identified topics. Under state law, your child cannot participate in the scheduled instructional activity specified above unless and until this signed letter of permission is returned to the teacher identified on this form. Signed forms will be kept on file at the school for a minimum of one year.

PLEASE SIGN AND RETURN ENTIRE FORM TO TEACHER

I have read this form and have chosen **one option** from the preceding list.

Parent/Guardian Signature: _____

Telephone Number: _____ **Date:** _____